

## September Menu

		Sept. 1st	Sept. 2nd	Sept. 3rd
		Vegetarian sloppy joes Wheat buns Sugar snap peas & carrots Apples & oranges Milk	Chicken & rice Celery & carrots Natural applesauce Milk	Grilled cheese on wheat Mixed veggies Mixed fruit Milk
Sept. 6th	Sept. 7th	Sept. 8th	Sept. 9th	Sept. 10th
<b>NO SCHOOL</b>  <b>LABOR DAY!!</b>	Chicken salad subs Carrots Grapes Milk	Stirfry--chicken or tofu Rice Chow mein noodles Oranges Milk	Angel hair pasta w/ lemon dill alfredo Bread Broccoli & carrots Bananas Milk	Cheese pizza Turkey pepperoni Mixed veggies Mixed fruit Milk
Sept. 13th	Sept. 14th	Sept. 15th	Sept. 16th	Sept. 17th
PB&J on wheat Carrots Bananas Milk	Cheese tortellini w/red sauce Bread Cauliflower & carrots Grapes Milk	Turkey bacon BLT's Lettuce & tomato Wheat bread Oranges Milk	Tacos w/chicken, cheese & black beans Tortilla chips & salsa Corn Apples Milk	Turkey or veggie dogs Buns Mixed veggies Mixed fruit Milk
Sept. 20th	Sept. 21st	Sept. 22nd	Sept. 23rd	Sept. 24th
Turkey & cheese on wheat Carrots Apples Milk	Angel hair pasta w/pesto & feta Bread Snap peas & carrots Natural applesauce Milk	English muffin melts w/turkey Broccoli & carrots Oranges Milk	Salad Day! Mixed greens, tomato Croutons Turkey slices Cheese & crackers Bananas Milk	Waffle Day Turkey or veggie bacon Mixed veggies Mixed fruit Milk
Sept. 27th	Sept. 28th	Sept. 29th	Sept. 30th	Oct 1st
Bagels w/cream cheese & humus Turkey slices Carrots Grapes Milk	Cheese tostadas w/ chicken Tortilla chips & salsa Cauliflower & carrots Oranges Milk	Ravioli w/red sauce Bread Peas & carrots Apples Milk	Ham & cheese on wheat Celery & carrots Bananas Milk	Cheese pizza Turkey pepperoni Mixed veggies Mixed fruit Milk

**PARENTS/KIDS:**  
**Extra choices always**  
**available are:**  
**Turkey**  
**Cheese**  
**Peanut Butter**  
**Just ask the teacher or me!**  
**Thanks!! Erika**