

January Menu

Jan 4th	Jan 5th	Jan 6th	Jan 7th	Jan 8th
PB&J on wheat Pretzels Carrots Apples Milk	Black bean veggie chili Cheese & crackers Celery & carrots Oranges Milk	Salad Day!! Mixed greens, tomatos, croutons Turkey slices Cottage cheese Grapes Milk	Thick sliced turkey Rolls Corns & carrots Peaches Milk	Pizza Day Turkey pepperoni Mixed veggies Mixed fruit Milk
Jan 11th	Jan 12th	Jan 13th	Jan 14th	Jan 15th
Bagels w/cream cheese or humus Carrots Apples Milk	Chicken & biscuits Celery & carrots Grapes Milk	Mac n' Cheese Bread Peas & carrots Oranges Milk	Grilled cheese on wheat w/turkey melts Broccoli & carrots Apples & oranges Milk	Turkey or veggie dogs on buns Mixed veggies Mixed fruit Milk
Jan 18th	Jan 19th	Jan 20th	Jan 21st	Jan 22nd
NO SCHOOL TEACHER IN-SERVICE	Angel hair w/pesto & feta Garlic bread Peas & carrots Natural applesauce Milk	Tostadas cheese or chicken Tortilla chips & salsa Corn Apples Milk	Muffin melts w/turkey Carrots Grapes Milk	Waffles Turkey or veggie bacon & sausage Mixed veggies Mixed fruit Milk
Jan 25th	Jan 26th	Jan 27th	Jan 28th	Jan 29th
Turkey & cheese on wheat Pretzels Carrots Apples Milk	Tortellina w/red sauce Garlic bread Broccoli & carrots Natural Applesauce Milk	Chicken or veggie stir fry Rice Chow mein noodles Peaches Milk	Ham & cheese melts Cauliflower & carrots Oranges Milk	Chicken tenders Bread Mixed veggies Mixed fruit Milk

2010

**PARENTS/KIDS:
Extra choices always
available are:
Turkey
Cheese
Peanut Butter
Just ask the teacher or me!
Thanks!! Erika**